



SEPTEMBER 2014



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Holiday	2	3	4	5	6
7	8 BF Support Group Allegany County Health Department- 1:00-2:30PM Call (301)759-5022 to register. Free weight check for baby, information; meet other mothers and babies	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30 Prenatal Breastfeeding Class at Western Maryland Regional Medical Center's Auditorium 6-9:00pm, to register call (240) 964-6400 (classes free of charge	For breastfeeding information and assistance, call (301) 759-5020 and ask for Breastfeeding Specialist. (Allegany)		Breastfeeding Services: Prenatal Breastfeeding classes Breastfeeding Support group Call the WIC Office at 301-759-5020	



OCTOBER 2014



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
For breastfeeding information and assistance, call (301) 759-5020 and ask for Breastfeeding Specialist. (Allegany)			1	2	3	4
5	6 BF Support Group Allegany County Health Department- 1:00-2:30PM Call (301)759-5022 to register. Free weight check for baby, information; meet other mothers and babies	7	8	9	10	11
12	13 Holiday	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28 Prenatal Breastfeeding Class at Western Maryland Regional Medical Center's Auditorium 6-9:00pm, to register call (240) 964-6400 (classes free of charge)	29	30	31	Breastfeeding Services: Prenatal Breastfeeding classes Breastfeeding Support group Call the WIC Office at 301-759-5020



NOVEMBER 2014



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
For breastfeeding information and assistance, call (301) 759-5020 and ask for Breastfeeding Specialist. (Allegany)	Breastfeeding Services: Prenatal Breastfeeding classes Breastfeeding Support group Call the WIC Office at 301-759-5020					1
2	3	4	5	6	7	8
9	10 BF Support Group Allegany County Health Department- 1:00-2:30PM Call (301)759-5022 to register. Free weight check for baby, information; meet other mothers and babies	11	12	13	14	15
16	17	18	19	20	21	22
23/30	24	25 Prenatal Breastfeeding Class at Western Maryland Regional Medical Center's Auditorium 6-9:00pm, to register call (240) 964-6400 (classes free of charge)	26 Holiday	27 Holiday	28 Holiday	29